

PRINTEMPS 2023 | 10 SEMAINES DU MARDI 11 AVRIL AU LUNDI 19 JUIN

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
					Ballet au sol 9h30 10h30	
			Ballet douceur I 10h15 11h15		Ballet débutant III 10h30 11h30	
					Centre 11h30 12h00	
Ballet barre 17h30 18h30	Ballet Pilates 17h30 18h30	Ballet pour tous 17h30 18h30	Ballet stretch 17h30 18h30			
Ballet workout 18h30 19h30	Ballet initiation I 18h30 19h30	Pointes 18h30 19h30	Ballet introduction II 18h30 19h30			
Ballet workout 19h30 21h00	Ballet débutant III 19h30 20h30	Ballet workout 19h30 21h00	Ballet intermédiaire IV 19h30 21h00			

espace  variation

SPRING 2023 | 10 WEEKS FROM TUESDAY APRIL 11 TO MONDAY JUNE 19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					Floor Workout 9h30 10h30	
			Soft Ballet I 10h15 11h15		Ballet Beginner III 10h30 11h30	
					Centre 11h30 12h00	
Ballet Barre 17h30 18h30	Ballet Pilates 17h30 18h30	Ballet All 17h30 18h30	Ballet Stretch 17h30 18h30			
Ballet Workout 18h30 19h30	Ballet Initiation I 18h30 19h30	Pointe 18h30 19h30	Ballet Introduction II 18h30 19h30			
Ballet Workout 19h30 21h00	Ballet Beginner III 19h30 20h30	Ballet Workout 19h30 21h00	Ballet Intermediate IV 19h30 21h00			