

HIVER 2023 | 13 SEMAINES DU SAMEDI 7 JANVIER AU JEUDI 6 AVRIL

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
			Ballet Pilates 9h00 10h00		Ballet au sol 9h30 10h30	
			Ballet douceur 10h15 11h15		Ballet Débutant 10h30 11h30	
					Centre 11h30 12h00	
Ballet Barre 17h30 18h30	Ballet Pilates 17h30 18h30	Ballet Barre 17h30 18h30	Ballet Pilates 17h30 18h30			
Variation 18h30 19h30	Ballet initiation 18h30 19h30	Ballet Pré-pointes 18h30 19h30	Ballet Intro/Débutant 18h30 19h30			
Ballet Workout 19h30 21h00	Ballet Débutant 19h30 20h30	Ballet Workout 19h30 21h00	Ballet Intermédiaire 19h30 21h00			

espace  variation

WINTER 2023 | 13 WEEKS FROM SATURDAY JANUARY 7 TO MONDAY APRIL 6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			Ballet Pilates 9h00 10h00		Floor Workout 9h30 10h30	
			Soft Ballet 10h15 11h15		Ballet Beginner 10h30 11h30	
					Centre 11h30 12h00	
Ballet Barre 17h30 18h30	Ballet Pilates 17h30 18h30	Ballet Barre 17h30 18h30	Ballet Pilates 17h30 18h30			
Variation 18h30 19h30	Ballet Initiation 18h30 19h30	Pre Pointe Ballet 18h30 19h30	Ballet Intro/Beginner 18h30 19h30			
Ballet Workout 19h30 21h00	Ballet Beginner 19h30 20h30	Ballet Workout 19h30 21h00	Ballet Intermediate 19h30 21h00			