

espace *EV* variation

WHAT TYPE OF COURSE ARE YOU MAINLY INTERESTED IN?

I want a fitness class

I especially want to dance

WHAT ARE YOUR GOALS?

WHAT TYPE OF CLASS ARE YOU LOOKING FOR?

I want to work on my muscular endurance

I want to develop my tone and flexibility

I want a combination of both!

I want to learn the basics of ballet

I want to perfect my technique

I especially want to dance

Ballet Barre

will be perfect for you

Floor Workout

will be perfect for you

Ballet Workout

will be perfect for you

Ballet Intro

will be perfect for you

Classical Ballet

will be perfect for you

Choreographic Variation

will be perfect for you

Are you interested in several of our courses? Do you want an experience that will make you explore the full range of **Espace Variation**? Discounts apply when you register for more than one course. For more information, contact us.

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FALL 2022 | 14 WEEKS FROM MONDAY SEPTEMBER 6 TO MONDAY DECEMBER 19

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|--------|
| | | | | | Floor Workout 9h30 10h30 | |
| | | | | | Ballet Beginner 10h30 11h30 | |
| | | | | | Centre 11h30 12h00 | |
| | | | | | | |
| | | Ballet Barre 17h30 18h30 | | | | |
| Ballet Workout I 18h00 19h30 | Ballet Initiation 18h30 19h30 | Pre Pointe Ballet 18h30 19h30 | Ballet Intermediate 18h00 19h30 | | | |
| Ballet Workout II 19h30 21h00 | Ballet Beginner 19h30 20h30 | Ballet Workout II 19h30 21h00 | Ballet Introduction 19h30 20h30 | Ballet Workout II 18h30 20h00 | | |
| | Centre 20h30 21h | | | | | |

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| DURATION | SESSION * | DROP IN * |
|--------------------------------|-----------|-----------|
| 30 minute class | \$ 10 | N/A |
| 60 minute class | \$ 20 | \$ 25 |
| 90 minute class | \$ 27 | \$ 30 |
| One-Time Membership Fee | \$ 20 | |

* Prices include taxes