

AUTOMNE 2022 | 14 SEMAINES DU MARDI 6 SEPTEMBRE AU LUNDI 19 DÉCEMBRE

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
					Ballet au sol 9h30 10h30	
					Ballet Débutant 10h30 11h30	
					Centre 11h30 12h00	
		Ballet Barre 17h30 18h30				
Ballet Workout I 18h00 19h30	Ballet initiation 18h30 19h30	Ballet Pré-pointes 18h30 19h30	Ballet Intermédiaire 18h00 19h30			
Ballet Workout II 19h30 21h00	Ballet Débutant 19h30 20h30	Ballet Workout II 19h30 21h00	Ballet Introduction 19h30 20h30	Ballet Workout II 18h30 20h00		
	Centre 20h30 21h					

espace  variation

FALL 2022 | 14 WEEKS FROM MONDAY SEPTEMBER 6 TO MONDAY DECEMBER 19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					Floor Workout 9h30 10h30	
					Ballet Beginner 10h30 11h30	
					Centre 11h30 12h00	
		Ballet Barre 17h30 18h30				
Ballet Workout I 18h00 19h30	Ballet Initiation 18h30 19h30	Pre Pointe Ballet 18h30 19h30	Ballet Intermediate 18h00 19h30			
Ballet Workout II 19h30 21h00	Ballet Beginner 19h30 20h30	Ballet Workout II 19h30 21h00	Ballet Introduction 19h30 20h30	Ballet Workout II 18h30 20h00		
	Centre 20h30 21h					